MIDDLE

## WEEK 2

To be served: Aug 16-20, Aug 30-Sept 3

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| A+ BREAKFAST choices Chicken filet Mini Croissant WG Fluffy Scrambled Eggs \& Croissant WG Honey Bun <br> WG Cereal choice ( 2 bowls) 100\% Juice and fruit srv Lowfat Milk Choice | Chicken filet Biscuit <br> Yogurt w/ Muffin TOPS <br> WG Cereal choice ( 2 bowls) 100\% Juice and fruit srv Lowfat Milk Choice | Chicken filet Mini Croissant WG <br> WG Mini Waffles <br> Yogurt \& Fruit Smoothie/Parfait <br> w/ WG granola or grain <br> WG Cereal choice ( 2 bowls) <br> $100 \%$ Juice and fruit srv Lowfat Milk Choice | Chicken filet Biscuit <br> Yogurt w/ Muffin TOPS <br> WG Cereal choice ( 2 bowls) 100\% Juice and fruit srv Lowfat Milk Choice | Chicken filet Mini Croissant WG <br> WG French Toast Sticks <br> Fresh-baked WG Cinnamon Roll <br> WG Cereal choice ( 2 bowls) 100\% Juice and fruit srv Lowfat Milk Choice |
| Hot Entrees <br> Bosco Cheese-Stfd Breadstick** <br> w/ Homemade Marinara Sauce <br> Sandwich Meal Smuckers PB\&J WG <br> Vegetarian entree offered daily Salad Meal w/ Crackers (vegeta | Chinese "takeout" Ckn over Veggie Fried Rice (Choice: Gen Tso/Sweet \& Sour) w/Vegetable Spring Roll OR <br> French Bread Garlic Pizza <br> Smuckers PB\&J WG <br> Turkey or Ham \& Cheese Sub/wrap check school for choices an salad available upon requ | Nachos w/Cheese Meat choice: Chicken or Beef, Chz <br> OR <br> Mexican Quesadilla Wedge** <br> Smuckers PB\&J WG <br> Buffalo Chicken Wrap <br> est) | Regular or Spicy Chicken Tenders w/ Sch-made WG Roll <br> Smuckers PB\&J WG <br> Turkey or Ham \& Cheese Sub/wrap | Primo 4-Cheese Pizza** Cheese or Pepperoni Smuckers PB\&J WG |
| Grilled Chicken Caesar Salad | Buffalo Chicken Salad | Taco Salad | California Salad | Veggie Salad w/ egg or chz** |
| WITH CHOICE OF 3 | WITH CHOICE OF 3 | WITH CHOICE OF 3 | WITH CHOICE OF 3 | WITH CHOICE OF 3 |
| Tossed Salad | Asian Veggie Blend | Charro Pintos | Crispy Tator Tots | Shoestring Sweet Potatoes |
| Crinkle Fries | Steamed Broccoli Florets | Corn | Homestyle Baked Beans | Tossed Salad |
| Sun-ripe Grape Tomatoes | Frozen Fruit Cups | hredded Lettuce \& Diced Tomat | Mini Carrots in a bag | Apple Wedges |
| Banana | Fresh Seasonal Fruit | Orange Wedges | Sweet Craisins/Dried Fruit | Sliced Peaches |
| 4 oz 100\% juice | 4 oz 100\% juice | 4 oz 100\% juice | 4 oz 100\% juice | 4 oz 100\% juice AND Fresh Baked Cookie |
| AND w/ all meals Lowfat Milk Choice | AND w/ all meals Lowfat Milk Choice | AND w/ all meals Lowfat Milk Choice | AND w/ all meals Lowfat Milk Choice | AND w/ all meals Lowfat Milk Choice |

This is an equal opportunity provider. $\quad$ only 1 fruit juice per meal
Note: Availability of foods, early release days, and special school activities may require changes in menus on a very short $\mathbf{n} * *$ vegetarian entrée option
Dark green vegetable serving Red/Orange vegetable serving Legume vegetable serving Grains are WG = Whole grain $r$ ***turkey/chicken

